

## July

24 Term 3 starts

26 Child Youth Health Checks for those booked

28 Gp.1 Friday, visit to Mrs. Reads buddy class

## August

4 Gp.2 visit Mr Parish's Buddy class for STEM

7 Gp 1 Recycling workshop

10 Gp 2 Recycling workshop and GC meeting

11 Gp 1 visit Mrs Reads Buddy class for STEM

18 Gp 2 visit Mr Parish's Buddy class for STEM

21 Gp 1 chn. invite special person to come in for book week

22 Gp 2 Invite special person to come in for book week  
& Lift the lip dental checks

23 Excursion to Patch theatre to see Yo Diddle

24 Excursion to Patch theatre to see Yo Diddle

25 Gp 1 visit Mrs Reads Buddy class for STEM

30 Gp 1 Lift the lip dental checks

## September

1 Pupil Free Day - Staff T&D Reflective Practise (Gp. 2)

4 Pupil Free Day - visiting different sites. (Gp. 1)

5 Gp 2 Worm farm workshop

6 Gp 1 Worm farm workshop

7 Open night at kindy 5:30-6:30pm

29 Last day of term 3 - early finish 2pm for clean-up.

## Kindy Survey

We have placed an information sheet and request for you to complete our kindy survey in your child's communication pocket – this has the link to the online survey. We will also be sending a copy of the letter electronically. The survey closes on the 31<sup>st</sup> August. It may take you up to 10 minutes to complete but we really do value your suggestions and opinions. The survey is completely anonymous but it will provide us with information to continuously improve our service and also build your feedback into our Quality Improvement Plan for 2018. Thanking you in advance for your support.

## Building resilience in children

It's not possible to protect our children from the ups and downs of life. Raising resilient children, however, is possible and can provide them with the tools they need to respond to the challenges of adolescence and young adulthood and to navigate successfully in adulthood. Despite our best efforts, we cannot prevent adversity and daily stress; but we can learn to be more resilient by changing how we think about challenges and adversities.

Today's families, especially our children, are under tremendous stress with the potential to damage both health and psychological well-being. Parents can help their children recognise their abilities and inner resources.

### Competence

Competence describes the feeling of knowing that you can handle a situation effectively. We can help the development of competence by:

- helping children focus on individual strengths
- empowering children to make decisions
- being careful that your desire to protect your child doesn't mistakenly send a message that you don't think they are competent to handle things
- recognise the competencies of siblings individually and avoid comparisons

### Confidence

A child's belief in their own abilities is derived from competence. We can build confidence by:

- Focusing on the best in each child so that they can see that are competent and capable
- Clearly expressing the best qualities, such as fairness, integrity, persistence and kindness
- Recognising when they have done well
- Praising honesty about specific achievements; not diffusing praise that may lack authenticity.
- Not pushing the child to take on more than they can realistically handle

### Connection

Developing close ties to family and community creates a solid sense of security that helps to lead to strong values and prevents alternative destructive paths to love and attention.

You can help your child connect with others by:

Building a sense of physical safety and emotional security within your home

Allowing the expression of all emotions so that chn. feel comfortable reaching out at difficult times.

Addressing conflict openly in the family to resolve problems

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## Woolworths Earn & Learn Program

Woolworths Earn and Learn program is back for 2017 and Chandlers Hill Kindergarten will be participating.

If our community works together and earns Earn and Learn stickers at Woolworths, our Kindy will earn our choice of MTA educational equipment and resources.

Anyone can collect stickers for our Kindy from Wednesday 26<sup>th</sup> July – parents, grandparents, staff, neighbours and friends.

You will earn a sticker for every \$10 spent at Woolworths between 26<sup>th</sup> July and 19<sup>th</sup> September 2017. Complete a sticker sheet and return filled sticker sheets into the collection box at Kindy.

Thank you for your support in advance!

**Next Governing Council Meeting -  
Thursday 10<sup>th</sup> August**

## Kindy excursion

In week 5 we will be attending a Patch theatre performance called Yo Diddle Diddle at the Odeon theatre in Norwood. It is a tale of one cow and her dream of jumping the moon. It is a new work that is inspired by Tony Wilson and Laura Woods award winning picture book *The Cow Tripped Over the Moon*, Yo Diddle Diddle tells of the eight attempts that cow makes in one night to jump the moon. It is fueled with hip hop beats and a live DJ, the production is full of sensational rhythm and rhyme and physical comedy. The underlying message is resilience, empathy, sustainability and creativity. Resilience is the strongest indicator of a child's success in every facet of their life – educationally, socially, economically and emotionally. We know this because of the work conducted neuropsychologist Professor Martin Westwell who works closely with DECD and Universities around the world and his work has been used to direct these important facets being incorporated into the creation of this theatre production.



## Literacy Kits

We have a couple of new literacy kits for borrowing - so please have a look. If there is a particular topic you are looking for, please ask a staff member so we can help you and if it is a kit we do not have we can put it on a list for creation.