



## **Sun Protection Policy**

*Our sun protection Policy has been developed to ensure that all children attending this kindy are protected from skin damage caused by the harmful UV rays of the sun.*

*Our Centre will require children and staff to practice a combination of SunSmart behaviours from 1<sup>st</sup> August until the 30<sup>th</sup> April and when the UV is 3 and above at other times.*

### **Sun protection strategies:**

1. Children and staff wear hats that protect the face, neck and ears (broad-brimmed, bucket or legionnaire). All hats must not have a chin cord, any cords on hats will be removed to eliminate the risk of potential strangulation.
2. Children who do not have hats will be asked to play indoors or under the verandah.
3. Children and staff should be dressed appropriately in cool, closely woven, comfortable clothing that have longer sleeves and collars - singlets, shoestring tops and dresses provide insufficient protection from the sun and are not considered sun safe.
4. Children will be encouraged to use available areas of shade for outdoor play.
5. The availability of shade and UV radiation levels will be considered when planning excursions and outdoor activities via the Bureau of Meteorology, Cancer Council SA website or the SunSmart app.
6. Parents are asked to apply SPF30 or higher broad spectrum, sunscreen prior to their child attending kindergarten. Water resistant sunscreen will be applied when children perspire a lot or when doing water activities. Staff will supervise children applying 50+ sunscreen after lunch from August until the end of April (or whenever the UV radiation level is 3 or above, at other times. Sunscreen will be applied every two hours when outdoors for an extended period (this would only apply on excursions if outside all day).
7. Sunscreen is applied twenty minutes before going outside.
8. Teaching about ways to protect the skin from the sun will be incorporated into the curriculum and programmed activities.
9. Inform staff of the Sun Protection Policy during orientation and their role to model SunSmart behaviours (which forms part of the induction process).

**When enrolling their child, parents will be:**

1. Informed of the Sun Protection Policy.
2. Asked to provide a suitable hat (e.g. broad-brimmed, bucket or legionnaire) for their child's use. Baseball caps are not considered appropriate headwear under our SunSmart Policy. Again no adjustable chin cords/straps on hats for safety or they will need to be removed.
3. Informed that we advise application of a SPF30+ or higher broad spectrum sunscreen to their child before coming to kindy and for parents' permission for staff to apply a SPF 50+ sunscreen to their child at lunch time from 1<sup>st</sup> August until the 30th April or when the UV level reaches 3 and above. If children have sensitivity to certain sunscreen & require their own sunscreen it is to be supplied by parents. Children that come to kindy from OSHC will have sunscreen applied on arrival. Child care applies sunscreen before they leave to walk to kindy.
4. Encouraged to practise sun protective behaviours themselves (e.g. wear Sun protective clothing and hat on outdoor excursions).

This policy has been endorsed by the Governing Council of Chandlers Hill Kindergarten on:

Date - 7/5/19

Chairperson: Courtney South

Director: Rachel Douglass

Sighted by preschool staff:

Signed: Helen Miller

Date: May 2019

Signed: Sandy Kidsley

Date: May 2019

Signed: Tania Paterson

Date: May 2019

Signed: Anna Burton

Date: May 2019

Signed: Lyn Smart

Date: May 2019

Signed: Sofie Yankou

Date: May 2019

Signed: Judy Hardwick

Date: May 2019